

## Physical Therapy Assistant

### JOB SUMMARY:

Administers medically prescribed and necessary physical therapy treatment outlined by the therapist for patients suffering from injuries or dysfunction of the musculoskeletal, neuromuscular, cardiovascular, and integumentary systems and help to restore function, relieve pain and prevent disability by performing the following duties personally or through appropriate delegation to a physical therapy technician.

### TASKS & DUTIES:

The following includes the essential duties and responsibilities of a Physical Therapist Assistant:

- Reviews physical therapy goals set, patients condition and medical records to determine physical therapy treatment required.
- Tests and measures patient's strength, motor development, sensory perception, functional capacity, and respiratory and circulatory efficiency and records findings.
- Administers physical therapy treatments (including home instruction) within scope of physical therapy assistant practice appropriately and monitors patient responses to such treatments.
- Assesses effects of treatments at various stages and adjusts treatments to achieve maximum benefit.
- Documents treatments, responses and progress in patient's charts (electronic/paper based) according to clinic guidelines (Policy Procedure Manual-Documentation).
- Confers with physical therapist to obtain and provide additional patient information to modify patient treatment and integrate physical therapy treatment with other aspects of patient health care.
- Supervises and assists with student observation/clinical rotation if applicable.
- Assist in marketing and promotional efforts and events as needed
- Participates in in-services and other departmental meetings that are organized.
- Assists with smooth running of the clinic with accepting responsibilities assigned to him/her by the PT director/Clinical supervisor.

### JOB SPECIFICATIONS:

To perform this job successfully, an individual must be able to perform each of these tasks satisfactorily. The requirements listed below are representative of the knowledge, skill and/or ability required. Reasonable accommodations will be made to enable individuals with disabilities to perform these essential functions.

- **Education:** Requires an Associate's degree from an accredited Physical Therapy Assistant program. One or two years of related experience and/or training preferred.
- **Language Ability:** Ability to read, analyze, and interpret common scientific and technical journals, financial reports and legal documents. Ability to respond to common inquiries or complaints from clients, insurance agencies and regulatory agencies of the business community.

- **Math Ability:** Ability to work with mathematical concepts such as probability and statistical inference, and fundamentals of plane and solid geometry and trigonometry. Ability to apply concepts such as fractions, percentages, ratios and proportions to practical situations.
- **Reasoning Ability:** Ability to define problems, collect data, establish facts, and draw valid conclusions. Ability to interpret an extensive variety of technical instructions in mathematical or diagram form and deal with several abstract and concrete variables.
- **Computer Skills:** To perform this job successfully, an individual should have the knowledge of Microsoft office, basic scheduler/documentation software functioning.
- **Certificates and Licenses:** Must possess a current Texas State Board clinical practice license and must be conspicuously displayed at each established place of business or other location occupied in conducting business.
- **Supervisory Responsibilities:** Delegates responsibilities appropriately supervises Physical Therapy Technicians within the guideline set by Texas State Practice Act. Supervises Physical Therapy and Physical Therapy Assistant students where appropriate.

#### WORKING CONDITIONS:

- **Noise level:** Moderate
- **Traveling:** While the Physical Therapy Assistant will be working out of one clinic he/she may need to travel between clinics to help cover patient care at another facility. This travel will not be reimbursed by the practice.
- **Physical demands:** Employee is regularly required to sit, talk or hear. The employee is also required to perform the following: standing, walking, using hands to finger handle or feel, bending, stooping, lifting up to 50# frequently and 70# occasionally, climb or balance, kneel, crouch or crawl.
- **Vision requirement:** Requires ability to perform close vision, peripheral vision, ability to adjust focus and spend up to 4-5 hours in front of a computer.